

# ADLINGTON Winter Warmer

A 10km Fun Trail Run on the Macclesfield Canal & Middlewood Way. Minimum Age 15. (parental signature required for u18s)

**Sunday 30<sup>th</sup> DECEMBER 2012 at 10:00am**

**Venue:** The Miners Arms, Wood Lane North, Adlington, Macclesfield, Cheshire, SK10 4PF

**Registration:** Race Number to be collected on the day. Registration opens from 8:30am.

**Facilities:** Toilets, Refreshments & Parking at the Pub.

**Prizes:** Prizes awarded to the runners who finish closest to their predicted finish time.

**Entry Details:** Donations Only (pay on the day)

**NOTE: No Watches or GPS devices allowed.**

**Predicted Race Time (hr:min:sec)**                      :                      :

**Name:**

**Gender:**

**Age on race day:**

**DoB:**

/ /

**Affiliated Club:**

**UK Athletics No. (req. if attached):**

**Address:**

**Town/City:**

**County:**

**Postcode:**

**Tel:**

**or Mobile:**

**eMail (req.):**

I declare that I am medically fit to run and understand that the organisers or the sponsors of this race will not be held responsible for personal damage, loss or injury incurred before, during or after the race. I am an amateur as defined by the UK Athletics rules.



**Signed:**

**Date:**

/ /

**Donation:**



**Return form to:** Anthony Ward, 10 Swan Close, Poynton, Cheshire, SK12 1HX

**Note 1** Please pay donations on the day. £4 recommended

**Note 2:** Race numbers to be picked up on the day

**Contact Details**

[harrier.events@gmail.com](mailto:harrier.events@gmail.com)