



**Hyde Village Striders RC presents**  
**Stride Through The Woods**

~5km Trail Race. Min age 13 years. Under UKA/TRA rules. TRA permit: 320

**Wednesday 27th April 2016 at 19:30**

Postal entry or online via our website <http://hydevillagestriders.org.uk/stride>

- Venue:** Bennett St Youth Centre, Lower Bennett St, Hyde SK14 4PP. 500m from Start.
- Registration:** Numbers to be collected on the day. **Registration open 18:00 – 19:00.**
- Entry Fee:** £5.00 Affiliated £7.00 Unaffiliated (**£1.00 extra** on the day if not full).
- Facilities:** Toilets. **Please park on Hyde Point ind est SK14 4NL**
- Records:** **M:** Mohammed Abu-Rezeq 16:18 **F:** Sarah Tunstall 18:42
- Prizes:** First 3 M&F, J13/14, J15/16, J17/19, Vets 5 yrs FV35 – MV70.
- Full Info:** <http://hydevillagestriders.org.uk/stride>



Please complete details in BLOCK CAPITALS

Forename.....Surname..... M/F.....

Address.....Emergency contact name.....

.....Emergency contact number.....

Post code.....E-Mail .....Tel .....

DOB ..... Please circle your age category: 13-14 15-16 17-19 M/F F35 40 45 50 55 60 65 70

Club / Unattached.....UKA No.....

I am an amateur as defined by UK Athletics Rules. I am medically fit to take part. I agree that the organisers and/or sponsors shall not be responsible for any loss, accident or injury (or loss/damage to property) arising from my participation in this event.

**Signed** ..... **Date**.....

(Must be signed by a parent or guardian if competitor aged under 18 years)

**Return Form to:** Stride Entries, 7 Kentwell Close, Dukinfield, Cheshire, SK16 4HN.

Cheques Payable to: **Hyde Village Striders RC** Closing Date for postal entries **Mon 25<sup>th</sup> April 2016.**

Stamped Addressed Envelope **NOT** Required. If the race limit (150) is reached there will be **NO** on the day entries.

**Contact details:** [race@hydevillagestriders.org.uk](mailto:race@hydevillagestriders.org.uk)

Race Director: Mike Mason 07540 317395