

Place	Time	Num	Name	Cat	Club
1	00:35:27.92	885	Joe Steward	JM	East Cheshire Harriers & Tameside AC
2	00:38:52.34	812	Keenan Owen	JM	
3	00:40:09.03	715	Martin Cain	M40	
4	00:40:42.81	814	Matthew Latham	SM	Hyde Village Striders
5	00:40:52.24	791	Graham Hogg	SM	Trafford Athletic Club
6	00:41:54.31	851	Matthew Oldham	SM	Hyde Village Striders
7	00:42:00.36	786	Benn Heywood	JM	Bury Athletics Club
8	00:42:36.43	757	Zak Gittins	SM	
9	00:43:08.02	838	James Moles	M40	Manchester Frontrunners
10	00:43:38.84	770	Jono Guildford	SM	Manchester Frontrunners
11	00:44:04.55	830	Neil McGraw	M40	Glossopdale Harriers
12	00:44:29.34	743	Byron Edwards	M40	Bury Athletics Club
13	00:44:33.68	925	Vicky Wright	F35	Hyde Village Striders
14	00:44:44.86	908	Vic Walsh	SM	Belle Vue Racers
15	00:44:47.43	691	Carl Hodgkinson	M40	
16	00:44:55.08	777	Steve Hatton	SM	Manchester Frontrunners
17	00:45:26.13	877	Ben Snell	SM	Stockport Harriers & AC
18	00:45:49.93	722	Robert Clarke	SM	Salford Harriers & AC
19	00:45:54.74	802	Gareth Hurfurt	M45	Hyde Village Striders
20	00:46:00.56	905	Peter Wall	SM	Bolton United Harriers & AC
21	00:46:05.73	725	Adie Combs	M45	
22	00:46:14.14	680	Stephen Allcock	SM	
23	00:46:17.37	761	Darren Graham	M45	Todmorden Harriers
24	00:46:24.06	807	Sharon Johnstone	F40	Wilmslow Running Club
25	00:46:49.94	751	Tim Fisher	SM	
26	00:47:05.21	703	Shaun Bonser	M40	Mossley AFC Running Club
27	00:47:13.69	745	Lucy Etchells	SF	Manchester Frontrunners
28	00:47:24.71	809	Simon Jump	M45	
29	00:47:41.93	858	Jordan Percival	SM	Bmf Manchester
30	00:48:21.87	875	Tom Smith	M55	East Cheshire Harriers & Tameside AC
31	00:48:36.83	855	Allan Parkin	M50	
32	00:48:54.52	872	Dan Selas	SM	
33	00:48:58.11	765	Andy Green	M45	
34	00:49:06.22	690	Chris Barber	M45	Manchester Triathlon Club
35	00:49:07.16	817	Stephen Lee	M45	Greenfield Greyhounds
36	00:49:12.12	827	Paul Maskell	M40	
37	00:49:13.76	798	Derek Hughes	M55	East Cheshire Harriers & Tameside AC
38	00:49:16.52	750	Frank Fielding	M60	Pennine Fell Runners
39	00:49:39.60	916	Phillip Whittle	SM	
40	00:49:40.78	710	Steve Broadfoot	M50	Knowsley Harriers
41	00:49:46.12	902	Dom Wagner	SM	
42	00:49:48.90	793	Christian Hook	M40	Wilmslow Running Club
43	00:50:07.52	684	John Archer	M65	Winston Runners
44	00:50:32.43	853	Luke Ong	SM	Manchester Frontrunners
45	00:50:33.41	906	Phoebe Wallbank	SF	Belle Vue Racers
46	00:50:36.31	839	Stephen Moran	M40	Manchester Frontrunners
47	00:50:44.07	692	Mike Barram	M40	
48	00:50:46.68	744	Mark Egerton	SM	
49	00:50:49.28	850	Angela Oldham	F60	East Cheshire Harriers & Tameside AC

50	00:50:50.50	896 Michael Tinker	M40	
51	00:50:55.09	904 Edmund Wakefield	SM	
52	00:50:57.02	678 David Ahearn	SM	
53	00:50:59.59	741 Matthew Dunn	SM	
54	00:51:01.81	769 Lee Grint	M45	Hyde Village Striders
55	00:51:07.28	752 Jane Fletcher	F35	Manchester Frontrunners
56	00:51:23.34	718 David Chambers	SM	Manchester Frontrunners
57	00:51:33.52	835 Harry Michalas	SM	
58	00:51:37.87	685 James Ashworth	SM	
59	00:51:39.09	772 Richard Hall	M45	Bramhall Runners
60	00:51:43.92	758 Matthew Given	SM	Stockport Harriers & AC
61	00:51:46.24	918 Jason Wilks	M40	
62	00:51:47.24	836 Jordan Millar	SM	Manchester Frontrunners
63	00:51:47.87	914 Kieran Welsh	SM	Manchester Frontrunners
64	00:51:52.22	842 Vikki Murphy	F45	Bramhall Runners
65	00:51:53.22	779 Victoria Healey	F40	Goyt Valley Striders
66	00:51:54.14	844 Rob Nicholls	M45	
67	00:51:55.19	907 Pete Wallroth	SM	
68	00:52:04.18	828 Bernard Mccarron	M50	Wimslow Running Club
69	00:52:24.44	754 Laith Gibani	SM	
70	00:52:26.78	706 Lee Brewster	SM	
71	00:52:27.87	760 Natasha Goggin	F40	Saddleworth Runners Club
72	00:52:30.96	688 Sean Stafford	M45	
73	00:52:32.06	790 Darren Hodgkinson	M40	
74	00:52:35.51	880 Alan Stafford	SM	
75	00:53:04.43	756 Nico Gibert	M40	Manchester Frontrunners
76	00:53:08.24	866 Helen Rennie	SF	Bramhall Runners
77	00:53:24.04	799 Wesley Hughes	SM	Mossley AFC Running Club
78	00:53:27.38	704 Josh Bowley	SM	
79	00:53:30.25	801 Andy Huntingdon	M40	
80	00:53:31.56	883 Thomas Stephenson	SM	
81	00:53:33.14	913 Stephen Weigh	SM	Manchester Frontrunners
82	00:53:36.84	886 Martin Stout	SM	
83	00:53:41.72	778 Tanya Haynes	F45	Saddleworth Runners Club
84	00:53:43.64	865 Kirsty Read	F40	Hyde Village Striders
85	00:53:46.46	899 Kieran Tracey	SM	
86	00:53:48.21	815 Vikki Law	F40	
87	00:53:51.47	823 Peter Mainwaring	M40	Chorlton Runners
88	00:53:53.42	888 Sean Tansey	M40	
89	00:53:56.27	730 Philip Craven	M50	
90	00:54:08.33	868 Deano Richardson	M45	
91	00:54:10.52	719 Jonathan Charles	SM	
92	00:54:13.40	785 Dominic Heslop	SM	
93	00:54:19.87	805 Stuart Jackson	SM	
94	00:54:26.88	821 Jo Macgowan	F45	
95	00:54:31.65	926 Jenny Yates	F50	Bury Athletics Club
96	00:54:37.83	900 Shirley Tuersley	F45	Saddleworth Runners Club
97	00:54:40.68	686 Nathan Ashurst	SM	Warrington Running Club
98	00:54:48.38	713 Helena Butler	SF	Saddleworth Runners Club
99	00:55:02.49	694 William Murgatroyd	M60	

100	00:55:17.96	781 Garry Heaton	M45	
101	00:55:33.70	848 Robert Oerton	M50	Bramhall Runners
102	00:55:34.65	747 Steve Fairclough	M50	Bramhall Runners
103	00:55:39.36	709 Rebecca Brimage	F35	
104	00:55:40.21	847 Patrick O'brien	M60	Belle Vue Racers
105	00:55:43.82	728 Gary Coxon	M60	East Cheshire Harriers & Tameside AC
106	00:55:45.31	811 Paul Kain	M45	Chorlton Runners
107	00:55:47.40	837 Ben Minogue	M40	
108	00:56:01.34	780 John Heathcote	M60	Saddleworth Runners Club
109	00:56:08.74	860 Charlie Podolanski	JM	Stockport Tri Club
110	00:56:09.81	796 Ian Howarth	M50	Tri Guru
111	00:56:10.34	698 Chris Blackshaw	M55	Tri Guru
112	00:56:10.81	736 Philip D'netto	M45	Belle Vue Racers
113	00:56:12.40	856 Rob Parkin	M45	Congleton Harriers
114	00:56:18.13	910 Rachel Watson	F40	Belle Vue Racers
115	00:56:32.28	701 Andrew Bagshaw	M45	Bramhall Runners
116	00:56:33.72	892 Dean Taylor	M40	
117	00:56:34.61	683 Yana Anderton	F35	Belle Vue Racers
118	00:56:39.56	832 Katie McNulty	SF	
119	00:56:41.24	813 Carl Lane	SM	Manchester Frontrunners
120	00:56:50.42	733 Andrew Devic	M50	
121	00:56:52.72	849 Joanne Ogden	F45	
122	00:56:54.24	911 Rosalyn Webster	SF	Chorlton Runners
123	00:57:03.28	912 Thomas Webster	SM	
124	00:57:05.33	869 Frank Rogers	M40	Belle Vue Racers
125	00:57:27.19	840 Charlotte Mort	F40	
126	00:57:33.10	773 Mike Hallam	SM	
127	00:57:35.34	721 Thomas Clarke	M45	
128	00:58:07.36	720 Jon Clare	M40	Bramhall Runners
129	00:58:14.68	739 Jasmine Duffy	SF	Hyde Village Striders
130	00:58:19.61	768 Jennifer Gregory	SF	
131	00:58:30.56	901 Kheng Tung	M50	
132	00:58:36.10	784 Robert Heeley	M60	Hyde Village Striders
133	00:58:40.06	818 Sharon Lever	F45	
134	00:58:59.92	687 Richard Pettitt	M55	
135	00:59:17.31	845 James Noon	SM	Manchester Frontrunners
136	00:59:19.71	734 Angela Dewhurst	F40	
137	00:59:21.46	897 Angelo Tomasso	M40	Manchester Frontrunners
138	00:59:40.92	879 Ryan Sproat	SM	Hyde Village Striders
139	00:59:50.19	822 Gareth Maher	SM	Bramhall Runners
140	00:59:55.40	826 Sue Marsh	F40	Hyde Village Striders
141	00:59:59.78	775 Mark Hanlon	M40	
142	01:00:03.90	697 Alison Blackshaw	F50	Tri Guru
143	01:00:08.56	731 Alison Dale	F45	Bury Athletics Club
144	01:00:22.78	762 Steve Grainger	M50	Mossley AFC Running Club
145	01:00:53.90	782 Nicholas Heaton	M45	Bramhall Runners
146	01:01:05.18	717 Matthew Carson	M40	
147	01:01:18.52	909 Sue Waring	F50	Stockport Harriers & AC
148	01:01:20.28	881 Emma Stephenson	SF	Belle Vue Racers
149	01:01:32.24	702 Monica Boland	F45	Saddleworth Runners Club

150	01:01:38.49	923 Pete Woodward	M40	Tri Guru
151	01:02:01.14	740 Sharron Duffy	F45	Hyde Village Striders
152	01:02:02.15	890 Andrew Taylor	SM	
153	01:02:18.07	735 Alexis Dinsmor	F65	Stockport Harriers & AC
154	01:02:22.25	707 Paul Bridge	M50	
155	01:02:25.24	797 Paul Hudson	M60	Vale Royal AC
156	01:02:30.22	738 Lisa Donnelly	F40	Belle Vue Racers
157	01:02:47.37	824 Tom Marler	SM	Chorlton Runners
158	01:03:00.75	852 Mark Oliver	M45	Oldham & Royton Harriers
159	01:03:03.06	732 Cindy Davies	F35	
160	01:03:07.25	876 Vicky Smith	F35	Belle Vue Racers
161	01:03:13.61	859 Keith Pleasant	SM	Oldham & Royton Harriers
162	01:03:19.24	708 Katherine Brierley	F45	Saddleworth Runners Club
163	01:03:26.21	699 Sam Blacow	SF	Bramhall Runners
164	01:03:28.52	871 Iain Scott	M55	
165	01:03:39.52	825 Michael Marn	M50	
166	01:03:40.84	841 Michala Morton	F40	
167	01:03:43.63	810 Tracy Jump	F40	
168	01:03:44.11	919 Laura Williams	SF	
169	01:04:13.52	748 Joe Fay	SM	
170	01:04:28.61	792 Kathryn Holmes	F50	Bramhall Runners
171	01:04:42.19	771 Clare Halfpenny	SF	
172	01:04:44.34	922 John Wiseman	M50	Bramhall Runners
173	01:05:03.10	755 Heather Gibbon	F45	Hyde Village Striders
174	01:05:08.08	921 David Williamson	M45	Swinton Running Club
175	01:05:16.30	800 Dawn Humphries	F45	
176	01:05:26.27	729 Angela Buckley	F40	Greenfield Greyhounds
177	01:05:28.87	915 Barry Westbrook	M50	Hyde Village Striders
178	01:05:30.61	846 John Norris	M50	Bramhall Runners
179	01:05:33.46	803 Gareth Ivett	SM	
180	01:05:35.28	700 Jane Hayes	SF	
181	01:05:43.37	689 Melissa Banton	F35	
182	01:06:07.74	806 Helen Jaques	SF	Manchester Triathlon Club
183	01:06:24.01	679 Sarmid Al-kamil	M50	Bramhall Runners
184	01:06:51.31	766 Tony Greene	M70	Saddleworth Runners Club
185	01:06:54.81	898 Sharon Toolin	F40	Hyde Village Striders
186	01:06:57.54	816 Audrey Law-tung	F45	
187	01:07:17.36	861 Jo Podolanski	F45	Bramhall Runners
188	01:07:20.76	764 Helen Gray	F50	Goyt Valley Striders
189	01:07:31.21	788 Leo Higgins	M55	
190	01:07:33.94	882 Sarah Stephenson	SF	Chorlton Runners
191	01:07:53.69	924 Phil Wright	M50	
192	01:08:02.40	742 Lucy Edgar	F35	
193	01:08:13.12	677 Paul Adams	M50	Chorlton Runners
194	01:08:18.50	746 Marie Fairclough	F50	Bramhall Runners
195	01:09:14.70	681 Mandie Almond	F45	
196	01:09:24.87	870 Stefanie Rowen-jones	F50	Chorlton Runners
197	01:09:28.22	693 Paul Best	M50	Hyde Village Striders
198	01:09:58.62	829 Kim Mcgrath	SF	
199	01:10:31.86	676 Dawn Adams	F50	Chorlton Runners

200	01:10:36.79	808 Cath Jones	F55	Bramhall Runners
201	01:10:40.43	833 Lucy Meakin	SF	
202	01:10:41.12	887 Edward Swinden	M40	Chorlton Runners
203	01:10:57.62	789 Christy Hill	SF	
204	01:12:21.01	794 Matt Hope	SM	
205	01:12:21.59	804 Katie Ivett	SF	
206	01:12:52.24	682 Ruth Amin	F35	Belle Vue Racers
207	01:12:53.84	737 Hannah Dodd	SF	
208	01:13:40.64	889 Steven Tarling	SM	
209	01:15:14.15	696 Paul Blackburn	M40	Hyde Village Striders
210	01:18:45.58	864 Claire Rayner	SF	Bramhall Runners
211	01:18:49.09	884 Helen Stevens	F40	Chorlton Runners
212	01:19:52.69	705 Maureen Brettell	F45	Chorlton Runners
213	01:28:15.80	873 Holly Shaw	SF	